



Above: Smile for the camera, girls! (Top, L-R) Michelle Zimmermann, Stephanie Campbell, Holly Holland, Elysa Campbell, Jennifer Christianson, Sarah Woodrow. (Bottom) Becki Whitney, Julie Markowski, and Heather Holmes are all smiles after their race is over.

Above Right: Jerry Pullin says, "Workout hard?...NO WAY!"



Above: Hey, you would be excited too if you were striding away from finishing a five-mile run.

Right: Joe Markowski and Dan Whitney battle it out at practice.



The tough....the rough..... the Captains. (Standing, L-R): Josh Holmes, Jeff Schenck, Ben Miletic, Holly Holland, Becki Whitney. (Kneeling) Joe Markowski, Stephanie Campbell and Dan Whitney.

The 1996 Cross Country season started off well, considering that the girls had lost eight of their top 12 runners from the previous season, and the boys had lost four of their nine runners. The team gained nine new runners this year.

They started off last August running through the fields of Bitburg, preparing well for the upcoming races. They began on a high note with second place finishes at the Jamboree for both the girls' and the boys' teams. Although there were days when members of the team were not completely satisfied with their performance, they kept their spirits high and kept running.

At Regionals the girls placed fourth and the boys placed second, which qualified both girls' and boys' teams for the Central European Championship race in Heidelberg. They looked forward to the race, hoping to set many new records and beat some of the teams they trailed the whole season. Overall the team placed fifth in Europeans, the girls finishing seventh and the boys, third.

In the end, team members were satisfied with their performance. They worked hard all season long, and although they didn't always finish where they might have liked, as a team or individually, they had never quit.